



Tides of Mind Counseling

Intake Line

Jenny Belhumeur: (203) 819-0789 or intake@tidesofmind.com

External Fax Line

(203) 756-2521

Waterbury Office

Site Supervisor: Kara Boles: kboles@tidesofmind.com

Iolanda Marucci: executive@tidesofmind.com

Laurie Reisman: lreisman@tidesofmind.com

Diane Bender: dbender@tidesofmind.com

Tamar Saunders: tsaunders@tidesofmind.com

Rachael Burke: rburke@tidesofmind.com

Theresa Chawner: tchawner@tidesofmind.com

Enas Mohammad: emohammad@tidesofmind.com

Sandy Porteus: sporteus@tidesofmind.com

Ronald Baptiste: rbaptiste@tidesofmind.com

Cori Capuano: ccapuano@tidesofmind.com

Amanda Tangney: atangney@tidesofmind.com

Karen Tyson: ktyson@tidesofmind.com

Melina Choi: mchoi@tidesofmind.com

Joyce Armstrong: jarmstrong@tidesofmind.com

Kerry Perillo- kperillo@tidesofmind.com

Middlebury Office

Site Supervisor- Karissa Piedescalzo: kpiedescalzo@tidesofmind.com

Carrie Miranda: cmiranda@tidesofmind.com

Rebecca Rotondo: rrotondo@tidesofmind.com

Eileen Andricovich: eandricovich@tidesofmind.com

Jessica Schirano: jschirano@tidesofmind.com

Liz Genovese: egenovese@tidesofmind.com

Melina Choi: mchoi@tidesofmind.com

Laurie Reisman: lreisman@tidesofmind.com

Heather Humphrey: [h Humphrey@tidesofmind.com](mailto:humphrey@tidesofmind.com)



Tides of Mind Counseling

Thomaston Office

Site Supervisor- Samantha Turner: sturner@tidesofmind.com
Kerin Foley: kfoley@tidesofmind.com
Kelly Mangan: kmangan@tidesofmind.com
Jennie Santa Maria: jsantamaria@tidesofmind.com
Renea Tirrell: rtirrell@tidesofmind.com
Jennifer Spooner: jspooner@tidesofmind.com
Jennifer Kennet Powers: jkennetpowers@tidesofmind.com
Barbara Krill: bkrill@tidesofmind.com

Torrington Office

Site Supervisor- Rachael Burke: rburke@tidesofmind.com
Telehealth- Elizabeth Golden: egolden@tidesofmind.com
Jennifer Ralph: jralph@tidesofmind.com
Marian Hogan: mhogan@tidesofmind.com
Robin Lincoln: rlincoln@tidesofmind.com
Annika Foster: afoster@tidesofmind.com
Mark Nadolski: mnadolski@tidesofmind.com
Alison Milano Mailhot: amilano@tidesofmind.com
Rebecca Dawson Hawley: rdawsonhawley@tidesofmind.com
Tina Muller: tmuller@tidesofmind.com

In Home Program

Site Supervisor- Cori Capuano: ccapuano@tidesofmind.com
Sharayah Morrissey: smorrissey@tidesofmind.com
Suzanne Taluy: staluy@tidesofmind.com
Jacqueline Arroyo: jarroyo@tidesofmind.com
Scott Giordano: sgiordano@tidesofmind.com
Amanda Tangney: atangney@tidesofmind.com
Elsie Alvarado: ealvarado@tidesofmind.com
Laurie Sharp: lsharp@tidesofmind.com

Canton Office

Site Supervisor- Kelly Mangan: kmangan@tidesofmind.com